

Why Coaching? and How to achieve higher commitment and motivation by coaching.



Inspiring Passion , purpose and results!

Why coaching?

Coaching can help a company re-create itself into a company people want to belong to.

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When an employee receives coaching.

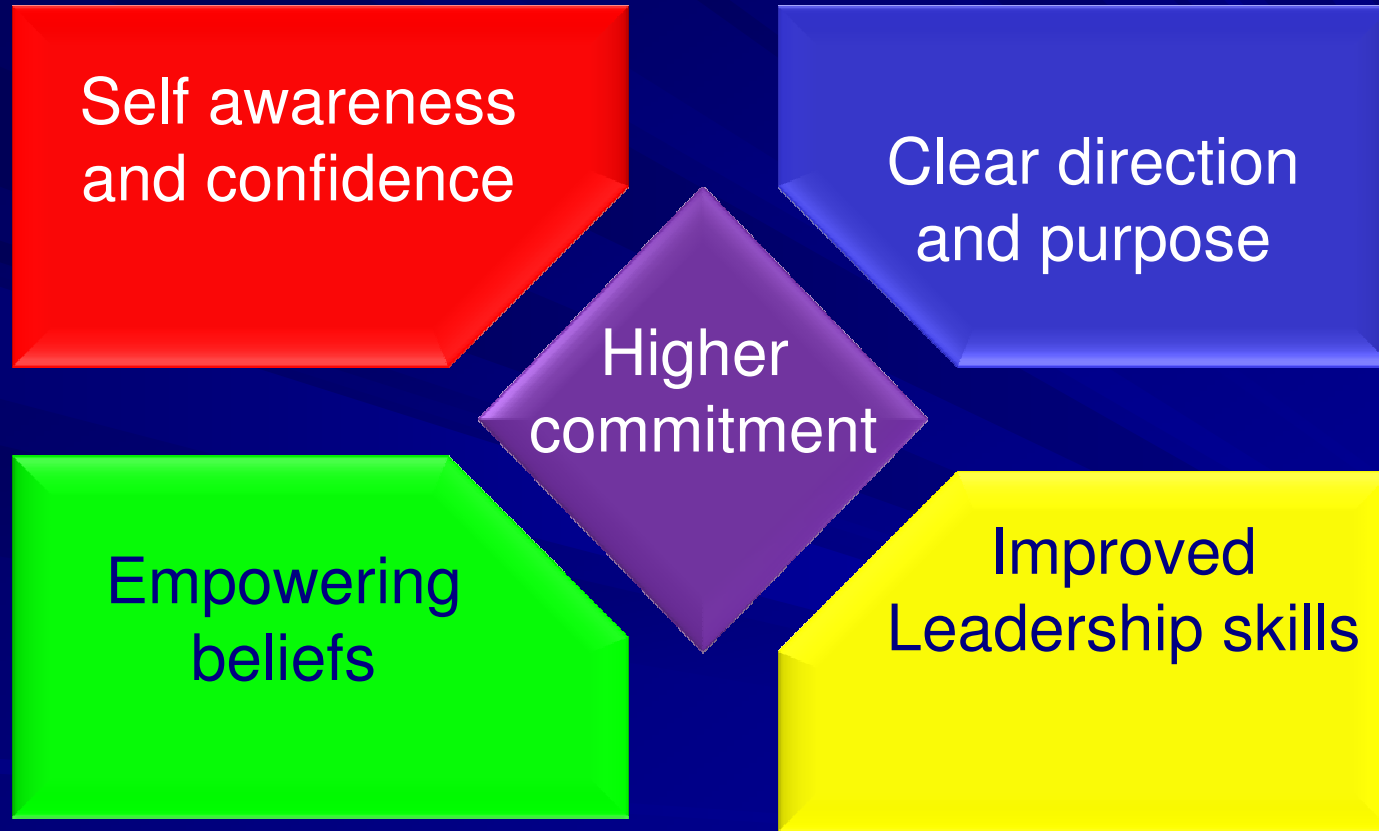
- The company is saying:
 - We believe in you
 - We value your contribution
 - We care

- The employee feels:
 - valued and appreciated it
 - motivated to make a difference
 - more fulfilled
 - clear in their direction
 - And overall more committed

Coaching Dynamics



Tapping into their full potential



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Self awareness and confidence

Coaching helps them:

- Learn about their strengths and weaknesses
- How to solve their own problems more effectively
- How they impact others
- How to communicate more effectively
- Create change
- Become aware of limiting beliefs

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Clear purpose and direction

Coaching helps them:

- Makes them feel they add value
- They feel more motivated
- Increased fulfilment
- Aligned with their values and goals

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Overcoming limiting beliefs

Coaching helps them overcome beliefs like:

- “I am not as smart as my colleagues”
- “I don’t feel like I’m ready for a leader even though I manage”
- “One day my colleagues will find out that I’m only faking it”

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Empowering beliefs

“If you believe you can, you probably can. If you believe you won't, you most assuredly won't.

Belief is the ignition switch that gets you off the launching pad.”

Denis Waitley

Improved Leadership Skills

Coaching helps them:

- Developing their communication skills
- Increase sense of responsibility and accountability
- Being more authentic
- Developing more emotional intelligence
- Coaching others
- Improve their own productivity by empowering their people

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Competencies of a leader

Self Awareness

- Emotional awareness
- Self- Assessment
- Self Confidence
- Self-deprecating sense of humour

Self Management

- Emotional control
- Trustworthy
- Authentic
- Open to change
- Drive to Achieve
- Initiative
- Optimism

Social Awareness

- Empathy
- Org. awareness
- Service

Managing Relationships

- Inspirational Leadership
- Influence
- Developing Others
- Effective feedback
- Change Catalyst
- Conflict Mgt
- Building Bonds
- Teamwork

Source: The New Leaders by Daniel Goleman

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Benefits to a company

- Better Leaders
- More commitment from employees
- Motivated employees
- Increased productivity
- Improved communication
- More cooperation
- Less conflict
- Coaching culture



Better Results!

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How can the power of coaching help your company?



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